The window of seeing fall colours at High Park is closing faster than you think — it's time to go metroNEWS

Toronto metro

Meet the Canadian women heading south to help Hillary
metroNEWS

Your essential daily news | TUESDAY, NOVEMBER 1, 2016 | High 19°C/Low 10°C November?

Toronto needs to start taxing condo developers to help pay for — and maintain — the beauty outside our windows.
Inside planning expert Gail Dexter Lord's vision, metroNEWS

EDUARDO LIMA/METRO

Not good enough

RENTALS

Draft proposal for landlord licence falls short: Tenants

May Warren
Metro | Toronto

The first detailed look at how Toronto plans to regulate landlords doesn't go far enough for one tenant advocacy group.

Geordie Dent with the Federation of Metro Tenants' Associations said the proposal doesn't reflect many of the issues raised by tenants during summer consultations.

Hundreds of tenants participated both online and in person, suggesting measures such as penalties and fines for bad landlords and a landlord rating system.

"If you actually look at what's being proposed right now, almost none of that's on the table," said Dent.

The first draft of the proposal goes to the tenant issues committee for review on Wednesday and is slated to make its way to city council for approval next month.

The proposal recommends registering, instead of licensing, landlords who own buildings with three or more storeys and ten or more units. They would pay a fee of between $8 and $13 per unit.

It also suggests city staff conduct "pre-audits" to determine if buildings are at risk for problems and requiring landlords to have a plan for things like pest control and waste management.

Council approved consultations on landlord licensing in June in response to tenants' concerns about problems like broken elevators, bed bugs, cockroaches, mold, dirty common areas and fear of what would happen if they made a complaint to the city.

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metro NEWS

Your essential daily news

Former Bank of Canada governor Mark Carney to stay with Bank of England until 2019.

City faces hefty transit bill

INFRASTRUCTURE

Report shows proposed $11.4B cost-sharing deal for projects

The city is on the hook for tens of millions of dollars in unanticipated transit costs, and the mayor may be unable to pay for his signature rail plan without breaking his pledge to not raise property taxes.

Those revelations are in a city report released Monday that details a proposed cost-sharing deal between the municipality and the province for $11.4 billion worth of transit projects.

Both the mayor and the provincial government hailed the agreement as a milestone in efforts to expand the city's transit network.

Though it lays the groundwork for the delivery of new rail projects, under the proposed terms, Toronto taxpayers would be responsible for the substantial operation and day-to-day maintenance costs of three LRT lines that the province is already building or planning to build on Finch West, Sheppard East, and the Eglinton Crosstown route.

The report also says a property tax increase of up to three per cent could be needed to pay for SmartTrack, the rail concept that formed the bedrock of Mayor John Tory's 2014 campaign. And while the mayor pledged that SmartTrack could be built in seven years, the report suggests even the scaled-back version that's now being contemplated may not be completed until 2024.

Councillor Gord Perks, who has been chiefly critical of Tory's administration, slammed the deal. He charged that the city had capitulated to Queen's Park in order to pave the way for SmartTrack, which piggybacks heavily on the province's regional express rail plan. "We've basically given in to everything the province has ever wanted from us in order to be able to name a few stations after John Tory's campaign pledge," said Perks (Ward 14, Parkdale-High Park).

Following a special session of mayor's executive committee Tuesday afternoon, council will be asked to approve the agreement at its meeting Nov. 8, without a clear plan to pay for all the associated costs. Perks called the scenario "a financial house of cards."

The special session is necessary because the province requires a funding commitment on SmartTrack by Nov. 30.

Tory has repeatedly said that council needs to be honest about what is necessary to pay for large investments, calling a recent trend of approving capital projects just for the gratification of announcing them without a dedicated way to pay for them a "fraud" on the public.

"This agreement means that after years of talk, indecision and delay, we are actually getting on with building the transit Toronto residents so badly need," Tory was quoted as saying in a release.

TORSTAR NEWS SERVICE

$2.01B

City's share of building SmartTrack stations and the Eglinton West LRT. This total does not include financing or risks associated with the project that the city must bear. It also assumes that the City of Mississauga and/or the Greater Toronto Airport Authority will pay $470 million towards the LRT project.

What the city owes for transit plans under proposed agreement

$95M

City's contribution for grade separations and utility crossings along the Georgetown South GO Corridor, the reasons for which are spelled out in a confidential report to council.

$60 million

Contribution to capital payments for the province's expanded GO service plans. City staff previously paused those payments, arguing the city had paid its fair share. It's proposed those payments resume to help fund two non-SmartTrack stations at Bloor-Lansdowne and Fort York.

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Advocates to crash road safety event

SAFER STREETS

Don't blame pedestrians for collisions, group says

Luke Simcoe
Metro | Toronto

Pedestrian advocates in Toronto are planning to crash the launch of a safety campaign to protest what they see as "victim blaming."

But Sunnybrook Hospital, the campaign's sponsor, is standing firmly behind the Be Alert, Be Seen initiative that encourages pedestrians to wear reflective clothing as we head into the darker winter months.

"We know that statistically this time of year is especially problematic," Joanne Banfield, manager of trauma and injury prevention at Sunnybrook, told Metro. "We're trying to highlight things pedestrians can do to keep themselves safe."

Representatives from Walk Toronto and Friends and Families for Safe Streets have condemned the campaign for placing the onus on pedestrians when city data shows drivers are at fault in two-thirds of fatal collisions.

"We have all had experience of having a near miss, or worse, with a car, in broad daylight wearing the most flamboyant colours, yet road safety is continually and dismissively boiled down to the need for pedestrians to change their clothing," Walk Toronto member Adam Cohoon wrote on Facebook Monday.

Walk Toronto member Adam Cohoon is organizing a protest against an upcoming safety campaign by Sunnybrook Hospital that encourages pedestrians to wear brighter clothing. EDUARDO LIMA/METRO

When the campaign debuts Tuesday at police headquarters, Cohoon and his colleagues plan to be there in force.

"We decided, after much discussion, to … show up in numbers to engage people in conversation, to explain why the thinking behind this gesture is bankrupt," Cohoon told Metro.

Banfield disputed claims the campaign targets pedestrians over drivers, but said that regardless of responsibility, pedestrians are the ones who "suffer the consequences" of road collisions.

"A pedestrian can have the right of way but still end up dead if they don't make eye contact with drivers," she said. "And at the end of the day, we are all pedestrians."

Banfield said the hospital has seen an increase in serious injuries and deaths related to collisions. She hopes the campaign will help curb the trend.

"What we see in our trauma rooms, we don't want to see that anymore," she said.

36

Number of pedestrians killed on Toronto streets so far this year. The city is on track to surpass last year's death toll of 39 pedestrians.

"No one should have to end their life in that way. These are all preventable incidents."

WOMEN'S RIGHTS

Police chaplain's views raise concern

The Toronto Police Association is raising concerns about the police service's newest Muslim chaplain and his views on women and marriage.

In a 2013 webinar called The Heart of the Home: the Rights and Responsibilities of a Wife, Musleh Khan describes himself as a marriage counsellor who wants to help couples of the Muslim-faith stay married.

A woman should be "obedient" to her husband at all times and must not refrain from intimacy without a "valid excuse," he says. The slideshow accompanying Khan's lecture says sickness and obligatory fasting would qualify.

Islamic scholars say if a woman refuses "without a valid reason then she committed a major sin," Khan says.

Wives should also seek permission from their husbands before leaving the home because they are the guardians of the marital home, Khan says.

Toronto Police Association president Mike McCormack said Monday he is receiving emails and calls from members questioning whether the service should be associated with someone who believes women are "second-class citizens."

McCormack, said Khan "needs to clarify his comments."

Musleh Khan. FACEBOOK

"I think a lot of our members have an issue with that type of viewpoint," he said. "We're dealing with domestic violence and getting women to come forward, to help victims, because of this type of viewpoint."

Toronto Police Service spokesperson Meaghan Gray said Monday that Khan did not want to comment for the Star's article but was taken aback by the negative online comments.

She added Khan appreciates the support he has received from members of the service "and hopes we can move forward so he can continue to serve the service."

TORSTAR NEWS SERVICE

IN BRIEF

Conrad Black's son out on bail in alleged assault case

Jonathan Black, son of former media baron Conrad Black, has been released on bail after being charged with assault causing bodily harm.

Black, 38, was arrested Thursday after an alleged domestic dispute in which his girlfriend's wrist was said to have broken. He is also charged with mischief under $5,000 for allegedly breaking his girlfriend's cellphone in the incident. He appeared in a Toronto court Monday. He spent much of the bail hearing with his head in his hands.

Black was released on $25,000 bail, to be split by his mother Joanna MacDonald, stepfather Brian MacDonald, and younger brother James Black. TORSTAR NEWS SERVICE

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SickKids
VS
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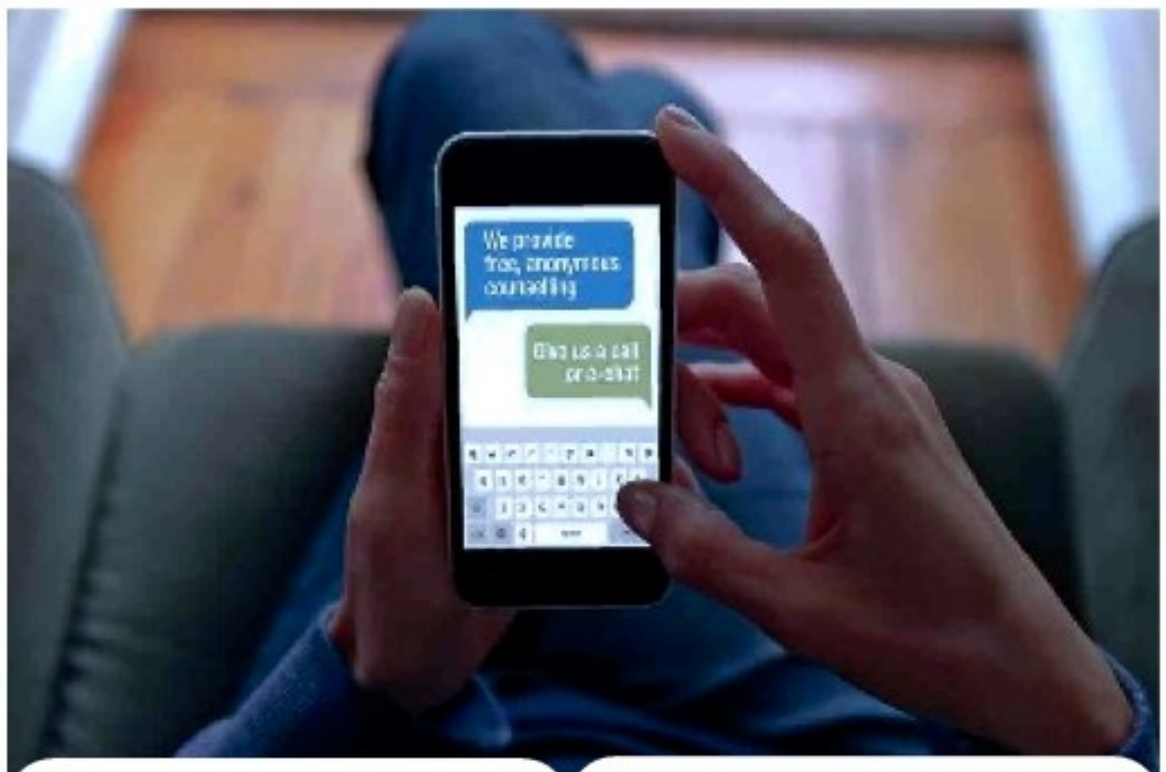
Natural beauty you could fall for

There may be a chill in the air, but the trees in High Park are still sporting their warm red, orange and yellow hues. They won't be there for long, so get out for a stroll while you still can. Other fall foliage spots in the city include Crothers Woods in Leaside, the Humber River trail near Old Mill Station and of course Rouge Urban Park on the edge of Scarborough.

TEXT: LUKE SIMCOE METRO; **PHOTOS: EDUARDO LIMA** METRO



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It is known that supplements can increase hair health and volume to some degree, but to find a supplement that can increase hair growth strongly is rare. Still, this is what scientist are finding when studying palm oil extracts.

A recent study was done at the University of Malaysia with 38 people suffering from hair loss (alopecia)*. They were told to take a palm oil extract containing a special ratio of "super-antioxidants" called tocotrienols, known to lower oxidation in the scalp and thus allow for better – and new - hair growth. The results were surprisingly good!

STUDY RESULT:

Researchers studied an area of the scalp equal to 2x2 cm and counted the hairs at the beginning of the study, at 4 months and at 8 months. At the end of the study, the participants on the tocotrienol supplement had gained 34.5% more hair or an increase in average hair count from 285 to 383 hairs. Most of the group showed increases of 10-25%, but 40% of the group had more than 50% increase in hair growth. And only one person did not have any results.

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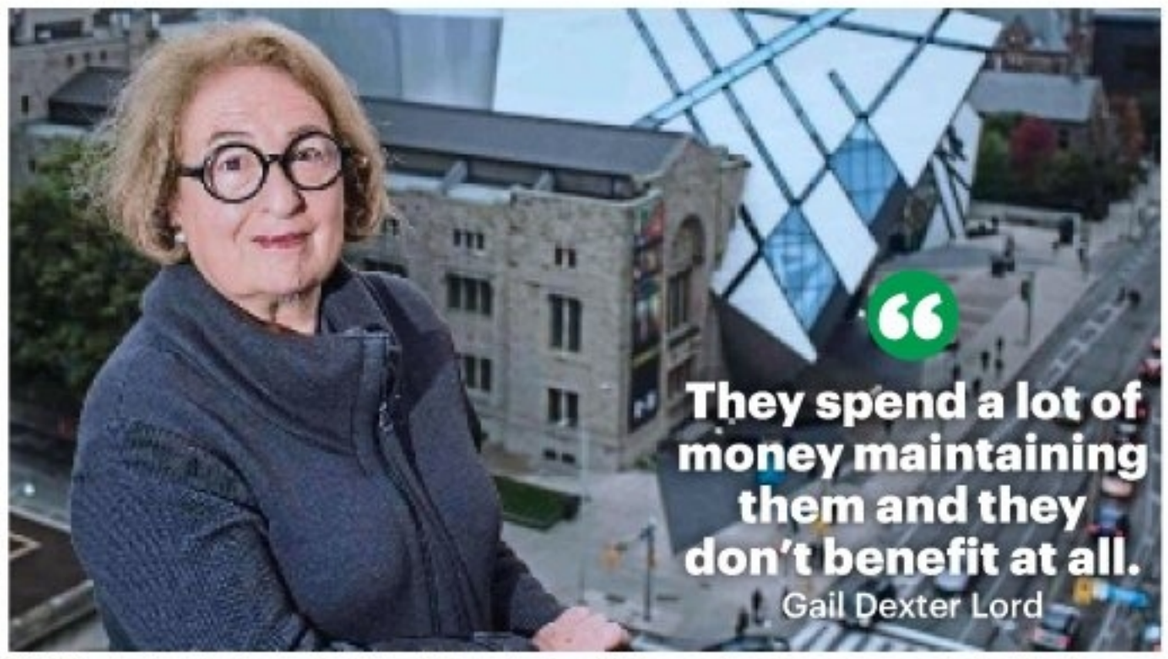
*Tropical Life Sciences Research 2010 "Effects of Tocotrienol Supplementation on Hair Growth in Human Volunteers" Beoy, Woei et Hay, University Sains Malaysia. To make sure this product is right for you, always read the label and follow the instructions.



Gail Dexter Lord believes the City of Toronto should charge developers or condo dwellers for stellar views of public spaces or cultural institutions like the Royal Ontario Museum, seen here.
EDUARDO LIMA/METRO

Putting a price on the city's best views

DEVELOPMENT

Cash-strapped organizations could benefit from fees

Ryan Tumilty
Metro | Toronto

A view may be priceless, but one city expert on planning and cultural institutions says it's time to stop pretending they're free.

Gail Dexter Lord, co-president of Lord Cultural Resources, believes Toronto should be capitalizing on the views condo and apartment dwellers have of parks and cultural institutions.

"Condo developers are promoting, pushing and selling based on views," Lord said. "And in the meantime, the organizations that provide those views are starved for money."

She's pitching a "pay-per-view" model that could help solve the problem.

The idea could work in a variety of ways — developers could be charged, for example, or residents could pay as part of their monthly condo fees. But, ultimately, the idea is to create a revenue stream that would allow the city or cultural bodies to make sure the view stays palatable for many years to come.

Developers already pay into a fund that helps build parks or public plazas — a framework known as Section 37 — but Lord says that still leaves the city on the hook for the operating costs associated with those spaces.

"They spend a lot of money maintaining them and they don't benefit at all," she said.

The same applies to cultural institutions, Lord says.

If museums like the Art Gallery of Ontario or the Royal Ontario Museum received money for the views they provide and preserve, she believes they could attract more visitors — or at least lower ticket prices.

Bryan Tuckey, president of the Building Industry and Land Development Association (BILD), warned any fees charged to developers will be passed on to homebuyers.

"Municipalities need creative solutions to address their ongoing financial issues, but solutions … should not make the region's housing affordability challenge worse," he said.

Ward 27 councillor Kristyn Wong-Tam applauded Lord for her "creative, big thinking," but said a view tax could be "difficult to enforce and rather challenging to implement."

"There are ordinances in the U.S. which provide for view protection, but we generally don't have that in Toronto," she said, noting attempts by the city to protect view corridors are often challenged at the OMB.

WITH FILES FROM LUKE SIMCOE/METRO

EDUCATION

Planned upgrades, repairs to province's schools costs $434M

Fifteen new schools will be built across the GTA and at least seven others will get additions or renovations as part of Ontario's promised plan to address its mounting backlog of school repairs.

In June, Education Minister Mitzie Hunter pledged $2.7 billion over the next two years to cover an assortment of fixes to boilers, roofs, windows and other structural problems in its aging school system.

Now the province has released details of plans to build 28 new schools across Ontario, and to renovate or expand an additional 23. The projects, totaling $474 million, represent "a strategic investment in student achievement and well-being," Hunter said in a statement.

A total of $67 million is earmarked for Peel region, where five elementary schools in Brampton and Caledon will be constructed, along with an addition to a Mississauga school.

York Region will see a new Catholic school in Stouffville and a new elementary school in Markham.

The province will invest $24 million in Toronto to replace the existing St. Antoine Daniel Catholic School with a new building in North York, pay for additions at Hodgson Senior Public School in central Toronto and Courcelette Public School in Scarborough, and to renovate two east-end high schools, Danforth Collegiate and Technical Institute and Monarch Park Collegiate.

TORSTAR NEWS SERVICE

One easy Rebel sell

ALTERNATIVE EATS

New grocery store is the ultimate vegan destination

Eating a vegan diet can raise eyebrows and even trigger anger.

"We don't do it to upset people," explains Mercedes Featherby, co-owner of Good Rebel, a new vegan grocery store on Dundas St. W. near Brock Ave. "It's a good rebellion."

She and partner Mohsen Akbarali consider their eating habits and their new business an act of gentle advocacy.

They're not activists, but they care about animals. They believe that every time someone eats a veggie burger or raids the store's faux cheese fridge, it makes a small contribution to animal welfare.

The couple, who got together about a decade ago, had each worked in respectable and nicely paying careers. Featherby had a job in government while Akbarali worked at the Air Canada Centre.

They lived frugally, saved a lot and travelled a little. But work, in the end, was not overly satisfying.

Mercedes Featherby and her partner Mohsen Akbarali at their newly opened store Good Rebel. TORSTAR NEWS SERVICE

"Is this what we really want to do?" Featherby recalls them asking each other.

The longtime vegetarians went vegan a few years ago and felt like they were doing their part in their own lives, but wanted to give back a bit more. They pondered a career change that would sync up the two issues.

"We needed a change of lifestyle and wanted an enterprise that was close to our hearts," says Featherby.

They considered a restaurant: too risky, tons of work and Toronto was already well-served. But there were no vegan grocery stores in the city.

You could get vegan wares, but had to cobble them together from health food and specialty stores. They found this space — both in the heart of a vegan-friendly neighbourhood with restaurants such as Veghed, The Goods and Hogtown Vegan nearby and also close to their apartment — last July and got it ready for business.

The couple had saved for a house but invested the money here instead.

"It's been quite an education," says Featherby of figuring out Canada's unique laws for vegan food with regard to labelling and importing. Things get stopped at the border and pulled from store shelves, to return with more elaborate labelling.

As they further master the rules, they're seeing what unique finds they can bring into the market. They're stocked with brands such as Gardein and Field Roast that customers can get elsewhere.

But, as mentioned, no one has an entire fridge of vegan cheese. Extra cool items include vegan egg yolk, vegan cheese-making kits and vegan beef jerky that Akbarali calls "absolutely fabulous."

Future plans include creating an online store to reach customers outside the neighbourhood feeling rebellious, in a good way, too. TORSTAR NEWS SERVICE

FOOD

Appetite lost for meal deliveries

Meal delivery has been a trendy business idea, with food companies using mobile technology to create opportunities. But some startups have recently found that it's the old-style challenges that have proven to be stumbling blocks.

Last month, in a blog post on its website, delivery service Feast announced that it would stop its on-demand delivery service in Toronto. In early October, Uber Eats stopped its instant lunch delivery service, and in September, Just Eats tweaked some of its delivery boundaries.

"I love the delivery concept, but I couldn't see the economics working," said Feast CEO Steve Harmer.

His company used bike couriers to deliver healthy, chef-prepared meals from its commissary kitchen on the east side of downtown Toronto. The company served more than 60,000 meals during its 10-month run, and got good reviews for both its app and its food, but it's now focusing on catering and wholesale.

"We got a lot of positive response on the experience," said Harmer. But when he did the math of the average order size, the number of orders per day, and potential growth compared with the cost of delivery, "it was just hard to see an easy path to profitability." TORSTAR NEWS SERVICE

Feast launched its on-demand food delivery in January but won't live to see another winter. TORSTAR NEWS SERVICE

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FOREIGN WORKERS

Experts say higher number of immigrants benefit Canada

Gilbert Ngabo
Metro | Toronto

Canada could find itself on the losing end by not increasing the number of immigrants it takes in every year, local experts and advocates say.

Immigration Minister John McCallum has ditched recent recommendations from a government advisory council on economic growth, which earlier this month proposed boosting the number of immigrants from 300,000 a year to 450,000 by 2030.

Instead, McCallum said Monday the 300,000 — the benchmark temporarily established last year as the government handled the influx of Syrian refugees — will now become the foundation for future targets. He made no mention of reaching toward 450,000.

"That's a shame," said Kim Turner, manager at Ryerson University's Cities of Migration project. "We definitely have enough room for growth in Canada."

Turner said the decision is "short-sighted," echoing the growth council's recommendations that the country will continue to depend on immigrants for growth, innovation and economic stimulus.

"Immigrants are in the driver seat, choosing where they go and stay and make a meaningful contribution," said Turner. "It's cities that are willing to take them in that will get the benefits."

The number of people participating in the temporary foreign workers program is proof the country needs more immigrants, and not just highly skilled ones, said Syed Hussan, coordinator of the Toronto-based Migrant Workers Alliance for Change.

"This notion of 'are we ready for more immigrants' for me is really like fear mongering," he said, adding low-wage and racialized workers should also be part of the recruitment process. "We need people at every level, and they should come here on a permanent basis."

CONTEXT

- Under the new plan, economic immigration will see a slight bump to 172,500 next year compared to this year's 160,600.
- Family reunification cases will also jumps from 80,000 this year to 84,000 in 2017.
- Fewer refugees will come in, however, down to 40,000 next year compared to 55,800 in 2016.

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Before Derek Welsman served on a jury, he made remarks at the expense of victims of assault on the radio. FACEBOOK

APPEALS

Homophobic jokes result in quashed assault conviction

The Ontario Court of Appeal has quashed a sexual assault conviction after it found the trial jury foreman undermined the perceived fairness of the justice system when he made homophobic jokes about the case on a shock-jock radio show.

In ordering a new trial, the court said the conduct of jury foreman Derek Welsman, then a producer and on-air personality for the now-defunct Dean Blundell Show, gave the "apprehension of bias."

The court also found he flouted the trial judge's instructions not to discuss the case in public.

"He participated in public jokes that targeted gay men," said Justice Mary Lou Benotto in a decision signed by two of the three presiding judges.

"Such comments have no place in a fair and impartial justice system," Justice Benotto wrote. "The reasonable observer would expect that a person who comes before the courts would be treated with dignity and respect, and not be publicly ridiculed by the person judging him."

In January 2014, Joshua Dowholis, an HIV-positive man, was sentenced to six years in prison for sexually assaulting three men he met in a Toronto bathhouse.

After serving the bulk of his sentence — he was credited for serving two years pre-trial custody — Dowholis is now on parole, his lawyer said. The Crown declined to say if it plans to retry his case. Jill Presser, a lawyer for Dowholis, said the decision was an important precedent concerning "pernicious" and "deeply ingrained" bias against gay people.

> **Such comments have no place in a fair and impartial justice system.**
> Justice Mary Lou Benotto

Before the trial, Welsman swore on a Bible that he had no bias toward homosexuals.

As jury foreman, Welsman was in charge of directing the jury's discussions and acting as the spokesperson for the group.

On air, he and the other 102.1 The Edge personalities chortled as they mocked gay men who visit bathhouses and the intelligence of the sex assault victims. They snickered as they imagined the perpetrator's excitement for prison showers.

Welsman did not respond to requests for comment regarding the appeal court's decision.

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Small league, big lesson

SPORTS

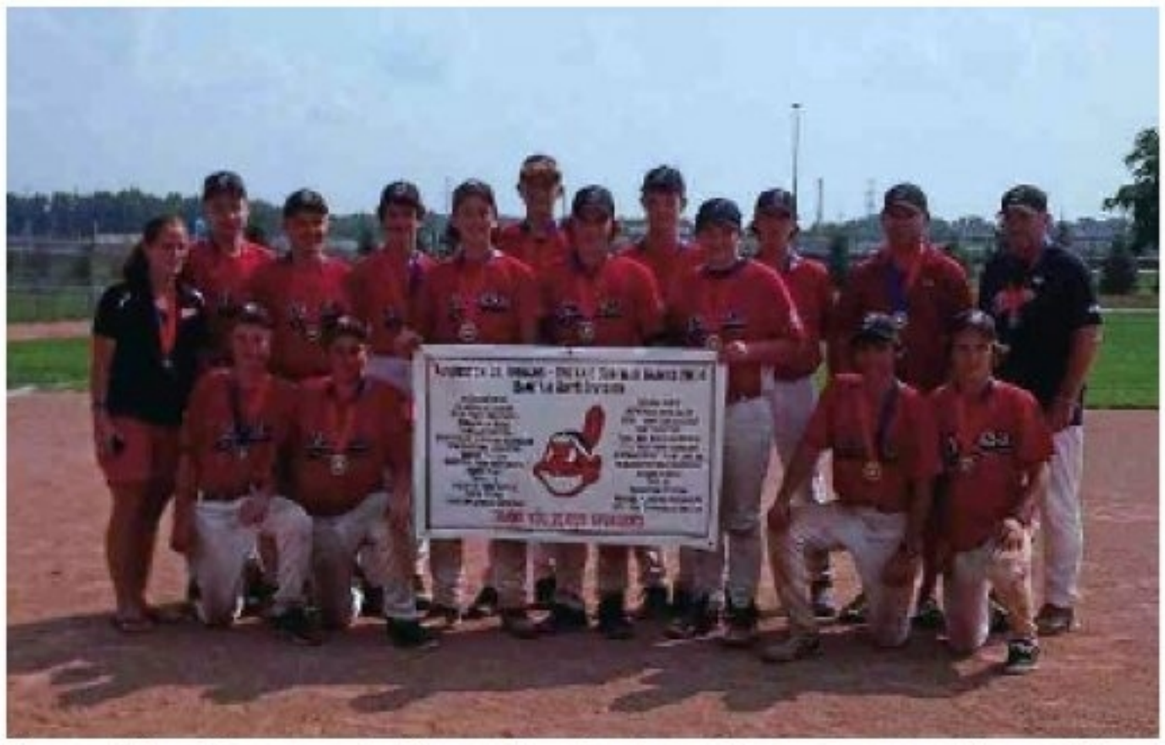
Baseball club's name change a teachable moment: Coach

Gilbert Ngabo
Metro | Toronto

The baseball team from Cleveland may very well go ahead and win this year's World Series. But, a youth club from rural Ontario is sending a strong message of respect to the big leagues.

The baseball club in Alvinston, Ont., has started the process of dropping its official name — the Alvinston Indians — and logo, which is modelled after Chief Wahoo.

"This is about showing respect for each other and showing value to other people's culture," said Dan Cumming, the team's director and coach. "If the big pro leagues won't do it, we in the small leagues will."



Players of the Alvinston youth club are on board to change the team's name and logo, which are the same as that of the Cleveland baseball team. CONTRIBUTED

Calls have mounted for Cleveland to change its name and logo as the post-season competition continues. Advocates in indigenous communities both in the United States and Canada have also voiced their disappointment to teams such as the Edmonton Eskimos and Washington Redskins, saying such names show disrespect.

The Alvinston club, which has more than 200 players, has launched a Go Fund Me campaign to raise money that will help order new uniforms with a new name and a different logo.

> **This is about showing respect for each other and showing value to other people's culture.**
> Dan Cumming

They hope to have everything ready for next year and haven't selected a new name just yet.

Cumming said the team's name had recently come under scrutiny, with coaches from opposing teams coming to them and asking they do something about it.

"We've had instances where kids would have to remove their hats or turn their shirts inside out," he said, noting the process will serve as a teachable moment for young players as they grow into professionals and adults. "The big leagues have more resources than we do. I say they should join us in the process for change."

GOVERNMENT

Bill leaves door open for sale of Ontario Place lands

The NDP is raising alarm bells after discovering that Ontario Place lands could be sold off under a little-known section in an upcoming bill meant to cut government red tape.

And while the tourism and culture minister cannot explain why it's included in Bill 27 — the Burden Reduction Act — she was firm the government has no intention of getting rid of property at the cherished waterfront site.

"It's there, I don't know why it's there, it's there," Eleanor McMahon told reporters at Queen's Park. "I can tell you we're not going to do it … I will say it one more time in case you missed it, we are not selling Ontario Place."

But NDP's GTA affairs critic Cheri DiNovo called the change a "poison pill" hidden in the omnibus bill, and wondered why the power will be granted if there are no plans to use it.

The bill allows Ontario Place to "dispose of land, buildings and structures, or any interest in land, buildings and structure, by sale, lease or otherwise."

"This sounds ominous," DiNovo (Parkdale-High Park) said at a press conference at Queen's Park with Coun. Mike Layton (Ward 19 Trinity-Spadina) and urban planner Ken Greenberg.

"Burying an important change like that under a pile of paper … is not a transparent way of working a government and looking at changes like this," said Layton. "Everyone who I've asked about this hasn't ever heard of this change that's being proposed. Ontarians have a right to know about what's going on at Ontario Place and what's going to happen with the lands."

TORSTAR NEWS SERVICE

IN BRIEF

Wynne calls segregation of inmate 'disturbing'

The treatment of an inmate held in segregation for four years is "extremely disturbing," Premier Kathleen Wynne said Monday, but she declined to call it torture. Adam Capay has been in isolation for 52 months at a Thunder Bay jail. Until recently he had been held in a Plexiglas cell with the lights on 24 hours a day. THE CANADIAN PRESS

$24M pledged in supports for adoptive families

Ontario is promising $24 million in increased supports for adoptive families, including a new grant program to help cover the costs of college or university for adopted children. The government says the "living and learning grants" will give more adopted youth the chance to pursue higher education by providing $500 a month if they are a full-time post-secondary student. THE CANADIAN PRESS

Animal rights group defends Halloween trick

An animal rights organization is defending its decision to air a documentary on animal exploitation after billing it as a horror movie for early Halloween revellers. The Kitchener Ontario Animal Liberation Alliance readily concedes it tricked nearly 200 people into turning up for last Thursday's free screening of a film which it advertised as "possibly the scariest movie ever created." THE CANADIAN PRESS

RICK MERCER REPORT
TONIGHT Rick helps train search and rescue dogs in Kamloops, B.C. Warning: there will be puppies.
#rickmercerreport
ALL NEW EPISODE
TONIGHT 8
8:30 NT

DRACULA'S CASTLE THE SPOOKIEST OF NIGHTS Canadian brother and sister Robin and Tami Varma passed Halloween night curled up in red velvet coffins in the Transylvanian castle in Bran, Romania that inspired the Dracula legend. It is the first time in 70 years anyone has spent the night in the gothic fortress, after they bested 88,000 people who entered a competition hosted by Airbnb to get the chance to dine and sleep at the castle. VADIM GHIRDA/THE ASSOCIATED PRESS

Liberals supporting child-welfare motion

FIRST NATIONS

NDP motion calls for immediate cash injection

The federal Liberals will vote to support an NDP motion Tuesday that calls for an immediate $155-million cash injection for First Nations child welfare services, says Indigenous Affairs Minister Carolyn Bennett.

The decision — governments don't typically support opposition motions — followed political pressure brought to bear on the government by Sen. Murray Sinclair, the former chairman of the Truth and Reconciliation Commission.

"We are all on the same page in terms of, we want the kinds of changes that really will be the real reform," Bennett said Monday outside the House of Commons.

In an interview, Sinclair called it impossible to overstate the importance of the federal government complying with an order from the Canadian Human Rights Tribunal to properly fund child welfare services on reserve.

The tribunal's original decision, delivered in January, concluded the government was discriminating against First Nations children in the way it delivers those services. Two subsequent compliance orders from the tribunal went unheeded, critics say.

"Canada's discriminatory policies have led to greater failed and failing interventions into the lives of indigenous families than the residential schools and serious changes must be undertaken," Sinclair said.

> **Canada's policies have led to failed interventions.**
> Sen. Murray Sinclair

"Immediate action is required," he said. "I encourage members of the House to support the motion proposed by member of Parliament Charlie Angus."

Bennett also said Monday the government is willing to sit down with the parties in the case through a facilitated process with The Canadian Human Rights Commission.

"The reason we want to sit down with the Canadian Human Rights Commission is to be able to stop talking past one another."

In September, the commission urged the parties to resolve their dispute without further legal action.

Cindy Blackstock, a First Nations child advocate who, along with the Assembly of First Nations, spent nine years fighting the government on the issue, said she welcomes the government's openness to mediation.

"We have always been willing to try whatever route would make a difference in terms of the level of children," Blackstock said. "We will see them there and we will welcome that opportunity." THE CANADIAN PRESS

MONTREAL

Journalist's phone tracked, La Presse says

Patrick Lagace

A Montreal journalist whose iPhone was monitored by police for months says he was outraged to discover he'd been "spied on" as part of what he calls an effort to identify his sources.

"I was living in the fiction that police officers wouldn't dare do that, and in the fiction that judges were protecting journalists — and hence the public — against this type of police intrusion," La Presse columnist Patrick Lagace said in an interview Monday. "Clearly, I was naive."

The newspaper said it learned at least 24 surveillance warrants were issued for Lagace's phone this year at the request of the police unit responsible for looking into crime within the police force. THE CANADIAN PRESS

Alberta politician plays Trump card

Jeremy Simes
Metro | Edmonton

"Make Alberta great again."

That's what Wildrose MLA Derek Fildebrandt said at the party's annual general meeting over the weekend, causing some social media users — including the Alberta NDP — to parallel the Wildrose with Donald Trump's U.S. presidential campaign.

On Monday, Mount Royal University political scientist Lori Williams said it wasn't wise for Fildebrandt to make such a similar statement.

She said it lets voters draw comparisons to Trump, even though most Canadian conservatives are more moderate than he is.

"Using that phrase leaves the Wildrose open to these charges," she said. "I think it was meant to generate discussion, which could make people shy away from them."

The Wildrose didn't respond to Metro's request for comment by press time.

On Friday, Wildrose Leader Brian Jean painted a bleak picture of the province. He said Alberta is rife with poverty, crime and young people being trafficked in the sex trade.

Progressive Leadership contestant Sandra Jansen, who is against unifying both the Wildrose and the PCs, found Jean's speech disheartening.

She said "Let's make Alberta great again" is just another slogan, like "Unite the right."

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NATURAL DISASTER

Italian 'town is dead and buried'

Residents of a mountainous region of central Italy displaced by a series of powerful earthquakes resisted relocation Monday and appealed for campers and tents so they could remain close to their homes and businesses.

The latest quake on Sunday morning — with a magnitude 6.6, the strongest to hit Italy in 36 years — caused no deaths or serious injuries, largely because most vulnerable city centres already had been closed due to previous damage and many homes vacated.

But it did complicate relief efforts in a fragile zone still coping with the aftermath of an August earthquake that killed nearly 300 and a pair of damaging aftershocks last week.

Civil protection officials said the number of people needing housing has risen by 15,000 since Wednesday, a figure that does not include the 2,000 who remained displaced from the August quake.

Although thousands already have been moved to coastal regions out of harm's way, a growing number of quake-stricken communities are insisting on staying put. They say they have businesses to tend to, not infrequently involving livestock, or think that if their homes are still standing they remain the safest place to be.

On Monday, some 20 people remained in the hilltop town of Castelluccio, which aerial video shot by Italian firefighters show was all but razed on Sunday. The town is famous for its lentils and its spectacular display of wildflowers, and the residents who stayed behind include farmers and shepherds sharing a camper and two containers they organized themselves, according to the news agency ANSA.

"This town is dead and buried," Adorno Pignatelli told ANSA. "But we will continue to grow flowers because we won't let it die definitively."

THE ASSOCIATED PRESS

MIDDLE EAST

Iraqi forces poised on edge of Mosul

Iraqi special forces stood poised to enter Mosul in an offensive to drive out Daesh militants after sweeping into the last village on the city's eastern edge Monday while fending off suicide car bombs without losing a soldier.

Armoured vehicles, including Abrams tanks, drew fire from mortars and small arms as they moved on the village of Bazwaya in an assault that began at dawn, while artillery and airstrikes hit Daesh positions.

By evening, the fighting had stopped and units took up positions less than a mile from Mosul's eastern border and about 5 miles (8 kilometres) from the centre, two weeks into the offensive to retake Iraq's second-largest city.

"We will enter the city of Mosul soon and liberate it from Daesh," said Brig. Gen. Haider Fadhil of Iraq's special forces.

He added that more than 20 militants had been killed while his forces suffered only one light injury from a fall.

Iraqi forces have made uneven progress. Advances have been slower south of the city, with government troops still 35 kilometres away.

THE ASSOCIATED PRESS

Mie Larson, left, and Cheryl Conley-Strange are part of a group of a dozen Canadians headed south to help the Democrats in Florida. CONTRIBUTED/THE CANADIAN PRESS

Canadians head south to work on U.S. election

★U.S. ELECTION★

A dozen women help out in crucial swing state

A dozen Canadian women are heading to Florida on a mission unrelated to sun, surf and sand — they intend to help Hillary Clinton defeat Donald Trump.

They're bunking in a pair of houses that will serve as temporary campaign dorms for the travelling Canucks, as they knock on doors and make calls in what's arguably the most important region of the most important swing state in the U.S. election.

"We didn't come here to have a holiday — we're here to work," said Cheryl Conley-Strange.

She knows from experience. The Winnipeg woman has worked every federal Liberal campaign since 1979, when she was a poll captain for future foreign minister Lloyd Axworthy. She'd intended to retire from organizational work after the federal election, satisfied with the state of her party.

But she figured she had one more campaign in her.

Conley-Strange chatted with friends about helping political allies in the U.S.: "I started saying to them, 'Hey, why don't we go down to the States and help (the Democrats)?'"

She suggested staying at her family's winter home in central Florida. So many people took her up on the idea that they wound up getting a second place in the same Kissimmee neighbourhood. She'd bought in that location a few years ago — she liked the proximity to Disneyworld.

> **"We didn't come here to have a holiday — we're here to work."**
> Cheryl Conley-Strange

It also happened to be on rich electoral soil.

She only realized recently that Central Florida is considered the swing region of the biggest swing state. It's sandwiched between Florida's solidly Republican north and solidly Democratic south. And it has tens of thousands of new available votes.

An influx of Puerto Ricans is having a ripple-effect on the politics in this area, and therefore on the country.

These new residents are eligible to vote immediately, as Puerto Ricans are U.S. citizens. They tend to be more liberal than the state's Cuban voters. And their ranks are growing to rival the Cubans.

Conley-Strange came in September to meet Democratic party organizers; help set things up for the arrival of her friends; and make calls to register voters. Her friends arrive over the coming week.

The one thing Canadians can't contribute to this election is money.

"I asked (the Democrats) if I could buy a T-shirt," she said. "They said no." THE CANADIAN PRESS

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UNIVERSITY OF TORONTO

IN BRIEF

Workers hurt in Alabama gas pipeline explosion

An explosion along the Colonial Pipeline in Alabama injured at least seven workers Monday near where the line burst and leaked gasoline last month, authorities said.

The blast, which sent flames and smoke soaring over the forest, happened about a mile west of where the pipeline ruptured in September, Gov. Robert Bentley said. That break led to widespread shortages.

"We'll just hope and pray for the best," Bentley said.

THE ASSOCIATED PRESS

Deadly blast at China mine

State media says 13 miners have been found dead after a gas explosion inside a coal mine in western China, and rescuers qwew continuing a search for another 20 people who were trapped inside the Jinshangou mine in China's Chongqing region, where the explosion occurred before noon Monday. Xinhua had previously reported 15 deaths in the explosion.

Local officials did not answer phone calls, and a person answering the phone at the coal mine hung up.

THE ASSOCIATED PRESS

metro VIEWS
Your essential daily news
Tuesday, November 1, 2016

EMMA TEITEL ON COLUMNISTS RUN AMOK

Luckily there exists a method to mask a shortfall of original opinions: The 'Blame-Political-Correctness-Strategy'

I'm going to let you in on a trade secret. Many of us who get paid to "weigh in" on the news for a living run out of ideas on the regular.

I call this "opinion fatigue" and when I suffer a particularly hairy bout of O.F. (roughly three times a week), I make like a contestant on Who Wants to Be a Millionaire: I phone a friend.

And I plead: "I'm out of opinions. Do you have any? I'll take anything: Euthanasia, bad breath, bad dry cleaners, the economy . . . anything." In fact, at least a third of my opinions aren't really mine at all. They belong to my friend Travis. (Thanks, Trav).

But what is a brain-drained columnist to do when she runs out of friends and family to pester for fresh content?

Luckily there exists another equally effective method to mask a shortfall of original opinions — one employed by columnists far and wide: the "Blame-Political-Correctness-Strategy."

Here's how BPCS works.

Step 1: Google "political correctness run amok."

Step 2: From the 80,000-plus Google entries that immediately appear, select the most current incident of hypersensitivity on a liberal arts campus you can find ("Yoga banned on account of cultural appropriation!" "Woman triggered by salami sandwich!")

Step 3: Immediately proceed to write a column proclaiming, with righteous indignation, that as a direct result of one or two such incidents, freedom of expression, as we know it, is in peril.

Why am I revealing the BPCS secret to you now? Well it just so happens that BPCS is especially popular among pundits and column writers at this juncture.

Why? Because Halloween is upon us, and with Halloween comes all manner of offensive costumes, from the blatantly racist (blackface) to the blatantly tasteless (Caitlyn Jenner) to the truly horrifying. And where there are offensive costumes, there are also offended university students who want to ban them. Enter BPCS.

HALLOWEEN HORROR? For every sliver of "safe space" on a university campus, there are about a hundred others where anything goes — like offensive Halloween costumes — Emma Teitel writes. COSTUME SUPPLY CENTRE

To illustrate, very recently the student union at Brock University in St. Catharines announced a prohibition on offensive Halloween getups at its student union events; and already the anti-political correctness punditry machine has begun spitting up outrage. News of Brock's costume ban made its way into nearly every major paper in the nation this month, and Breitbart, the conservative news giant in the U.S., wrote a scathing critique of Brock's "twisted" PC "illogic."

The Brock University Students' Union justifies its position this way: "People's identities are not costumes." More specifically, costumes that mock rape, suicide, gender identity and costumes that appropriate other cultures — à la "traditional or religious headdresses"— are off limits. To his credit, Chris Green, general manager of the school's students' union, acknowledges that policing the policy is "not an exact science."

You can say that again. When I asked Green how the inexact part of the policy surfaces, he said that just last year (when the same policy was in place) a guy showed up to a students' union Halloween event in what looked like "Rastafarian" garb.

The union, wondering if the costume was appropriative, asked the man about his outfit. And what do you know: The guy revealed that it was in fact, a costume derived from his own heritage."

So, it turned out, in an awkward bit of irony, that the would-be protectors of marginalized identities were, for a moment, the ones doing the marginalizing.

I hate to say anything nice about Breitbart, but they aren't entirely wrong to call such a costume policy illogical.

However, where Breitbart and other media outlets are wrong is in their rabid, if implicit, assertion that such a policy is newsworthy at all.

Yes, Brock is overreaching, but it and so many campus policies like it are extremely small potatoes. According to Green, the costume prohibition at Brock applies to just two weeknight Halloween parties run by the students' union, at a bar on campus. One of those parties, he says, "is a dry event" (in other words, probably not the first choice of someone who likes to push the boundaries of taste, anyway).

The students' union then is not walking dorm to dorm and house to house policing student costumes. If someone wishes to dress up as Caitlyn Jenner or Bill Cosby, house parties and other bars abound where he is free to be his most distasteful self.

That's the thing about the anti-political correctness argument as it pertains to university campuses. Nine times out of 10 the PC demand at hand is much ado about nothing. Because for every sliver of so-called "safe space" on a university campus, there are about a hundred others where anything goes — spaces where you can go about your day oblivious to the sensibilities and jargon of the far, far left and nobody will bat an eyelash. Spaces where no one checks his privilege or his offensive costume at the door.

So the next time you read an outraged column warning that freedom of expression is in decline, and that 10 years from now you will be living under a politically correct caliphate — remember this column, and read between the lines: Nothing is in decline besides a writer's ability to conjure up fresh ideas on a slow news day.

For every sliver of 'safe space' on a campus, there are about a hundred others where anything goes.

Emma Teitel is a national affairs columnist for the Toronto Star.

Stop blaming Toronto pedestrians for dangerous drivers

TORY'S TORONTO
Matt Elliott

If you listened only to the warnings to pedestrians issued by police officers, paramedics and other city officials over the last few weeks, you'd be forgiven for assuming that wolves are roaming our streets. Big wolves, and hungry — with a taste for pedestrian blood.

The logic is sound.

Over the last month, as the days have grown darker, we've heard a paramedic spokesperson make a public call to pedestrians to wear bright clothing, to not "rush with umbrellas," and, incredibly, to ensure that boots are broken-in before venturing outside.

We've also heard a Peel police officer advise that children only travel city streets in groups, for fear that it's dangerous to go alone. And just last week we heard Toronto Coun. Jaye Robinson name "distracted walking" as a serious safety concern.

But, of course, none of this safety advice to pedestrians is about wolves. Instead, this is all about cars.

More specifically, it's about the tendency for cars to injure and kill pedestrians on city streets.

I'm not a biologist, but I can tell you that cars are different than wolves in several ways. Most importantly, where wolves are driven by hunger, desire and the cruel light of the full moon, cars are driven by human beings. And those human beings are totally capable of moderating their speed to match road conditions or taking extra care to not mow down people who are simply trying to cross intersections.

They're capable of making decisions to keep pedestrians safe.

If wolves were indeed ravaging Toronto's streets, these constant calls for pedestrian vigilance might make sense. But when the danger is entirely because of cars, the logical thing to do is put the largest share of the responsibility on those behind the wheel.

Algie Parucha was killed when the driver of an SUV jumped a curb and struck her sidewalk stall near Rogers Centre last summer.

But that doesn't happen often enough. Sure, the grab bags of tips and tricks offered to pedestrians always comes with a cursory reminder to drivers to be safe and attentive, but the scale never seems correctly weighted.

Statistics on the subject of pedestrian safety points to drivers bearing a vastly greater responsibility for preventing collisions. A Toronto Public Health study released in 2015 found that pedestrians had the clear right of way in 67 per cent of collisions reported between 2008 and 2012 that resulted in an injury or death.

The report also found that "pedestrian inattentiveness" was a factor in just 13 per cent of these incidents.

In the vast majority of cases where a pedestrian is hit, the major factors are things totally within the control of the driver. Things like speed, reckless turns and driver distraction.

With our streets besieged by dangerous driving — not dangerous wolves — we should be hearing far more about that.

Put the blame where it belongs.

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Hilary Duff 'so sorry' for controversial Halloween costume

EXERCISE

He recovered a personal training career out of injury

'Growing pain' was Jeremy's gain

Jeremy Fernandes is a personal trainer at Body + Soul Fitness in North York. TORSTAR NEWS SERVICE

For Jeremy Fernandes, a love of fitness started back when he played sports in his youth — and it's translated into a full-fledged personal training career. With a kinesiology degree from the University of Western Ontario and Precision Nutrition Level II certification under his belt, the 27-year-old personal trainer at Body + Soul Fitness in North York, Ont., brings his well-rounded background to the gym.

Now, he's offering some at-home workout tips anyone can use in their fitness routine. Fernandes also stopped by the Star office to give us the lowdown on his approach to personal training, his top celeb fitness trainer inspirations, and which workouts he thinks are totally over-hyped:

What sparked your love of fitness?
Being perpetually injured playing sports when I was younger and never knowing why I got hurt. I pulled my hamstrings, glutes and quads playing soccer. At 12, I tore both my ACL and MCL. My doctor told me it was "growing pains." One day, a referee pulled me out of a game because I was limping. After that, I went to physiotherapy, and eventually I started thinking about a career in rehab. While studying kinesiology, I learned how to train properly. I'd never done squats or deadlifts because of my knee pain — but I learned I had knee pain because I wasn't doing any of those things.

Now that you're a trainer, what's your approach to personal training?
I work with, generally, older adults — so 40-plus. They're people who have a similar history to me: They've been physically active, they've been sidelined because of injuries, and they want to feel better, get over those injuries, and incorporate fitness back into their lives.

Are there any celebrity fitness trainers you admire?
Eric Cressey is one, and Mike Robertson. They take an evidence-based approach. They're all about strength, but they also take into consideration anatomical differences. They're strong on

> **While studying kinesiology, I learned how to train properly.**
> Jeremy Fernandes

biomechanics, anatomy, physiology, and break it down into a way that a layperson can understand.

Is there a certain type of trendy workout that you think is totally overrated?
It's all context-dependant. I don't think going to a yoga class three times a week constitutes strength training. At some point, you need to see progression — and there aren't a lot of opportunities to progress in yoga, pilates, or ballet barre classes. But there's no methodology I really hate.

How can people stay motivated on a fitness routine?
Set performance-based goals. Look to achieve something in the gym and train towards that, and don't wait for motivation. The best quote I've heard about motivation is, "It's a friend who makes plans with you and bails last-minute every time." Setting performance-based goals gives you something to work towards. It could be setting a goal of one pull-up, or five body-weight push-ups, and once you've hit that first goal, it becomes infectious.

TORSTAR NEWS SERVICE

TRY THIS AT HOME RESISTANCE BAND LAT STRETCH

The lowdown

Equipment needed: Heavy resistance band and an anchor (a pole in a basement or a fence post for instance).

Repetitions: Eight to 12 per side

Muscle groups worked: Lateral line

1 Anchor the band

2 Put your hand through the hole, palm up, and let the band cradle your wrist

3 Close your fingers around the band

3 Hinge at the hips

Cranberries myth is squashed

Another folk remedy bites the dust. Cranberry capsules didn't prevent or cure urinary infections in nursing home residents in a study challenging persistent unproven claims to the contrary. The research adds to decades of conflicting evidence on whether cranberries can prevent extremely common bacterial infections.

The new study, published online Thursday in the Journal of the American Medical Association, used rigorous methods and the results are convincing, according to a journal editorial. Health care providers who encourage using cranberry products as a prevention method "are doing their patients a disservice," the editorial says.

THE INFECTIONS

Urinary infections lead to nearly 9 million doctor visits and more than 1 million hospitalizations each year. Men, because of their urinary anatomy, are less vulnerable, while almost half of all U.S. women will develop at least one of these infections in their lifetime. Symptoms can include painful, frequent urination and fatigue. Antibiotics are often used to treat the infections.

In a study published Thursday in the Journal of the American Medical Association, cranberry capsules didn't prevent or cure urinary infections in nursing home residents. MARK BUGNASKI/KALAMAZOO GAZETTE - MLIVE MEDIA GROUP VIA AP

THE STUDY

The research included 147 older women in nursing homes who were randomly assigned to take two cranberry capsules or dummy pills for a year. The number of women with laboratory evidence of infection— bacteria and white blood cells in their urine — varied during the study but averaged about 29 per cent overall in both groups. Ten infections in the cranberry group caused overt symptoms, compared with 12 in the placebo group but that difference wasn't statistically significant.

THE ADVICE

People who think they have a urinary infection should see a doctor for diagnosis and treatment, but avoid cranberry products "in place of proven treatments for infections," according to the National Institutes of Health alternative medicine branch. The journal editorial says additional research is needed to find effective treatments. "It is time to move on from cranberries," the editorial says.

THE ASSOCIATED PRESS

HEALTH BRIEFS

Sugar for kids' migraines

A new study found that sugar pills worked as well at preventing kids' migraines as two commonly used headache medicines, but had fewer side effects.

The results may lead doctors to rethink how they treat migraines in children and teens. It's the first rigorous test in kids of two generic drugs that are also used for adults' migraines, topiramate and amitriptyline. Both drugs reduce by half the number of days kids had migraines over a month's time. But so did placebo sugar pills.

The study was released online Thursday in the New England Journal of Medicine. THE ASSOCIATED PRESS

Skin patch for kids with peanut allergy

A new study shows a wearable skin patch may help children who are allergic to peanuts by delivering small doses of peanut protein.

The National Institutes of Health funded the yearlong study. It says nearly half of those treated with the patch were able to consume at least 10 times more peanut protein than they were able to consume prior to treatment.

THE ASSOCIATED PRESS

STUDY

Cholesterol test for baby may help

What if a blood test could reveal that your child is at high risk for early heart disease years in the future, giving you a chance to prevent it now? A big study in England did that - screening thousands of babies for inherited risk - and found it was twice as common as has been thought.

The study also revealed parents who had the condition but didn't know it, and had passed it on to their children. Ninety per cent of them started taking preventive medicines after finding out.

Researchers say the two-generation benefits may convince more parents to agree to cholesterol testing for their kids. An expert panel in the United States recommends this test between the ages of 9 and 11, but many aren't tested now unless they are obese or have other heart risk factors such as diabetes or high blood pressure.

For every 1,000 people screened in the study, four children and four parents were identified as being at risk for early heart disease. That's nearly twice as many as most studies in the past have suggested.

Dr. William Cooper, a pediatrics and preventive medicine professor at Vanderbilt University, called it "an innovative approach" that finds not just kids at risk but also parents while they're still young enough to benefit from preventive treatment, such as cholesterol-lowering statin drugs.

Statins aren't recommended until around age 10, but certain dietary supplements such as plant sterols and stanols could help younger kids, Urbina said.

The study was led by Dr. David Wald at Queen Mary University of London. He and another author founded a company that makes a combination pill to prevent heart disease. The work was funded by the Medical Research Council, the British government's health research agency. Results were published Wednesday by the New England Journal of Medicine.

Researchers were testing for familial hypercholesterolemia, a genetic disorder that, untreated, raises the risk of a heart attack by age 40 tenfold.

They did a heel-stick blood test on 10,059 children ages 1 to 2 during routine immunization visits to check for high cholesterol and 48 gene mutations that can cause the disorder. If a child was found with the disorder, parents were tested.

One in 270 children had the gene mutations.

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Mackenzie Davis' tech-heavy resume

BLACK MIRROR

Vancouver native is landing strong unique roles

It's hard not to notice a bit of a nerd-girl streak in Mackenzie Davis's technology-heavy resume. The Vancouver actress currently stars in AMC's computer saga Halt and Catch Fire as a programming genius, appeared as a NASA technician in The Martian last year, and has a yet-to-be disclosed role in the upcoming Blade Runner reboot.

Davis is also featured in one of the best-reviewed new episodes of Black Mirror, the British anthology series that skewers our smartphone era with its sometimes-alarmist look at modern-day tech anxieties.

The busy actress recently spoke about finding strong female roles and meeting great expectations.

You've got an impressive resume but I feel like for years people have been saying you are on the verge of something big.

It's so funny when people tell you about yourself and you're like, "That's not really my experience." My experience is just that I get to work on better and better things and that's the mark of progress for me. It's not this sense that, "Ooh, something's about to happen." It's like, "Oh my God, I got to do this movie with this person and now I get to do this and I get to be in Black Mirror and Black Mirror's my favourite show." It feels really lucky to be part of things that you really like.

What draws you to Black Mirror?

I just think it's so many things. I think it's so clever and it's so dark and it's really optimistic and it's not just cynical but it's cynical enough. And it causes you to look at yourself and your behaviour and things that you're tacitly agreeing to all the time, and question what that agreement means and what signing away your life and what signing away your responsibilities for yourself over and over again (means) until you have something else taking care of everything for you. ... It really affects me and ... if I watch an episode I need to take time to think about it because it's just a lot of introspection that goes on.

Gugu Mbatha-Raw, left, and Mackenzie Davis star in Black Mirror. LAURIE SPARHAM/NETFLIX

Why is this the right time for a fresh take on Blade Runner?

There's a reason why Blade Runner has captured our fascination for so long. And not felt dated to return to it all. There's something really enduring about both the aesthetics in the movie, which is such an accomplishment for that not to feel dated at all, and the story of the movie. It really continues to resonate with people 30 years later.

It's great to see you play strong women comfortable with technology.

Halt is amazing for that. I feel like they did it so seamlessly where it was never addressed to (co-star) Kerry (Biche) or I in any progressive way of: "Oh, you guys are going to be running a business — as women. Imagine that." They just wrote a really great story and we played the characters. ... It also was so normalized because nobody made a meal out of it on set as though we were doing something really revolutionary.

We just treated women as interesting as men and wrote their characters as characters first and foremost. And when it mattered that they were women we addressed that but most of the time it doesn't matter at all. It's just about the relationship between these two entrepreneurs.

THE CANADIAN PRESS

> **My experience is just that I get to work on better and better things and that's the mark of progress for me.**
> Mackenzie Davis, actress

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SPEAKING OUT

Adele's postpartum depression battle

Adele has opened up about parenting, her struggle with postpartum depression and alcohol use in a new interview.

The 28-year-old singer tells Vanity Fair she felt like she had made "the worst decision" of her life after having her son, Angelo, who's now 4. She says she eventually had to spend some time alone in order to overcome her postpartum depression.

Adele also touched on cutting back on her drinking and quitting smoking. She says "having a hangover with a child is torture." She says she used to be a "massive drinker," but now only indulges in two glasses of wine a week.

The comments are in the December issue of Vanity Fair, which hits newsstands Thursday. THE ASSOCIATED PRESS

Adele. THE ASSOCIATED PRESS

GOSSIP BRIEF

Prince Harry's latest romance started in Toronto

Romance is not dead in Toronto, folks. Just ask Prince Harry. The Royal is rumoured to have fallen head over heels with actor Meghan Markle in the city in May; she was filming the law drama Suits and the 32-year-old Royal was in Toronto promoting the Invictus Games. Since then, Markle, 35, has posted multiple Instagram snaps of trips to London. Royal-romance-watchers are pointing to a set of beaded bracelets worn by Markle that are very similar to ones Prince Harry regularly sports.

Express cites a source who describes a "besotted" Prince who's "happier than he's been for many years."

The Daily Mail claims that Prince Harry was booked on a plane to Toronto on Sunday but was a no-show after news of the relationship broke. VERONICA SAROLI/THE KIT

JOHANNA SCHNELLER
WHAT I'M WATCHING

Hollywood elite on grim reality of climate change

Leo DiCaprio (right), a UN Messenger for Peace on Climate Change, produces and stars in Before the Flood. CONTRIBUTED

THE SHOW: Before the Flood (natgeotv.com and Nat Geo Channel Facebook, until Nov. 6)
THE MOMENT: The deniers

"There is as robust a scientific consensus for climate change and its human cause as there is for gravity," Michael E. Mann, the Penn State professor behind the "hockey stick" image of rising temperatures, tells Leonardo DiCaprio, who produced and stars in this doc, directed by Fisher Stevens.

Mann explains that a small handful of players, including Big Oil and Koch Industries (the world's largest privately held fossil fuel company), finance an organized campaign of climate change denialism. They fund both scientist-pundits and U.S. politicians — half of the U.S. Congress, including James Inhofe, the chair of the U.S. senate environment committee — to block all bills that would deal with the problem.

"These people... lead us astray in the name of short-term fossil fuel profits," Mann says. "What could be more immoral than that?"

DiCaprio, a UN Messenger for Peace on Climate Change, spent two years traveling to five continents and the Arctic, talking to experts and filming evidence of climate change — from the shrinking ice sheet on the northern tip of Baffin Island, to the sinking island of Palau, to Sumatra's dying coral reefs. The doc lays out the factual horrors clearly, and as they pile up, DiCaprio's reaction is both pessimistic and urgent.

At the end, a list appears of things we can do to re-stabilize the planet: Lobby your government to favor sustainable energy (wind, solar). Demand a carbon tax.

To them I'd add, watch this doc and spread it around.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.

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metro SPORTS

Acquired from Nashville in a controversial trade, defenceman Shea Weber has posted 10 points in his first nine games with first-place Montreal

WORLD SERIES

Home is where the party is

Josh Tomlin looked forward to Halloween and dressing up with his daughters, two-year-old Makenzie Jae and one-year-old Myla Kate.

"I might be daddy piggy," he said.

With Cleveland anticipating the city's first World Series championship since 1948 — and its first title clincher at home since 1920 — the Indians' Game 6 starter was happy to be back home ahead of his outing against the Chicago Cubs on Tuesday night.

Chicago closed to 3-2 with Sunday's win at Wrigley Field. The Cubs, who haven't won it all since 1908, are trying to become the first team to overcome a 3-1 Series deficit since the 1985 Kansas City Royals and the first to do it by winning Games 6 and 7 on the road since the 1979 Pittsburgh Pirates.

Rather than celebrate in the cramped visitors' clubhouse at Wrigley, the Indians are in position to party in their own digs at Progressive Field — where a makeshift shrine to Jobu, the Voodoo idol from the Cleveland clubhouse in the 1989 film Major League, was erected in a stall between the lockers of Mike Napoli and Jason Kipnis.

"He's just chilling over there, doing his thing," Napoli said.

Cleveland fans have missed out on being there for this year's big events: first, the Cavaliers completed their NBA Finals comeback on the road, beating Golden State in Game 7 for the city's first major pro sports championship in 52 years. Then, the Indians clinched the AL Central crown at Detroit, won the Division Series in Boston and the AL Championship Series at Toronto.

"It'll be ideal. We have a better situation to do it now," Kipnis said. THE ASSOCIATED PRESS

Josh Tomlin pitched 4-2/3 scoreless innings in Game 3 on Friday. GETTY IMAGES

Raptors rebound for narrow win over Nuggets

Raptors guard DeMar DeRozan shoots past the Nuggets' Wilson Chandler at Air Canada Centre on Monday night. DeRozan scored a game-high 33 points. JON BLACKER/THE CANADIAN PRESS

NBA

DeRozan tops 30-point mark for third straight game

DeMar DeRozan poured in 33 points while Kyle Lowry added 29 and the Toronto Raptors held on to beat the Denver Nuggets 105-102 on Monday.

Jonas Valanciunas added 12 points and nine rebounds, while DeMarre Carroll finished with 10 points for Toronto (2-1), who led by as many as 18 points early in what would turn into a nail-biter.

It was another record-setting night for DeRozan, who became the first player in franchise history to start a season with three consecutive 30-point games.

Danilo Gallinari, Will Barton and Emmanuel Mudiay had 16 points apiece for Denver (1-2). Barton left the game with an ankle injury late in the third quarter.

The Raptors let an 18-point lead slip away in third quarter, and when Jameer Nelson drilled a three-pointer with six seconds left in the frame, it cut Toronto's advantage to just two points.

DeRozan replied with a turn-around jumper at the buzzer to send the Raptors into the fourth with an 88-84 advantage.

Canadian Jamal Murray launched a long pass to a wide open Wilson Chandler, whose three gave the Nuggets their first lead of the game. Nelson drained another three and Denver led by four points with 7:53 to play.

DeRozan and Lowry instrumented an 13-5 run, capped by a Lowry driving layup with 45 seconds that put the Raptors up by three and brought the Air Canada Centre crowd out of their seats.

MONDAY At ACC

RAPTORS	NUGGETS
105	102

Gallinari and Mudiay had three-pointers bounce off the rim to guarantee Toronto's victory.

Marred by turnovers in Friday's loss to Cleveland, the Raptors cleaned up their act against Denver, giving up the ball just seven times.

Murray, who grew up an hour west of Toronto in Kitchener, played his first NBA game at the ACC. The 19-year-old who starred at Kentucky last season played five minutes of the second quarter then started the fourth in place of Barton. He finished with a point, two rebounds and two assists, and remains without a basket in his young NBA career. THE CANADIAN PRESS

NHL

McDavid returns to ACC with upstart Oilers

When Connor McDavid and the Edmonton Oilers come to town Tuesday night, it will be a matter of renewing acquaintances.

Waiting to see him will be Mitch Marner, his old Ontario Hockey League rival from their London-Erie days, and Auston Matthews, who has battled McDavid internationally in junior tournaments when it was Canada vs. the U.S., and as North American teammates at the World Cup.

Both Leafs said they're looking forward to face McDavid.

"For sure," Matthews said. "They've gotten off to a hot start. It's going to be a good challenge for us. I think all of us will be pretty hungry to get back in the win column."

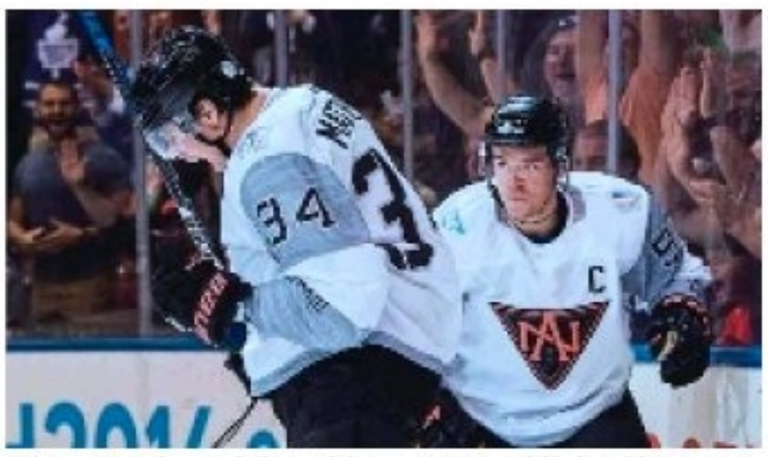
12

McDavid's 12 points are tied for the league lead with the Flyers' Claude Giroux.

The hype around Matthews started at the World Cup when he was the winger on a line with McDavid. The two had chemistry.

"He's so easy to play with," Matthews said. "He does everything so well at such a high speed. Being able to play with him was just a blast."

McDavid has thrived on Air Canada Centre ice, winning gold at the world juniors in 2015, and creating significant buzz during the World Cup. But he hasn't played here with the Oilers, missing last year's lone appearance with a broken collarbone. TORSTAR NEWS SERVICE



Auston Matthews, left, and Connor McDavid joined forces at the World Cup of Hockey. MARK BLINCH/THE CANADIAN PRESS

Togetherness key to TFC success

MLS PLAYOFFS

Vanney behind Toronto's great morale as leg 2 in NYC beckons

After Jozy Altidore scored the go-ahead goal in the 84th minute against New York City FC on Sunday night, the Toronto FC star headed to the southwest corner flag at BMO Field — arms pumping, his face etched with joy.

Captain Michael Bradley was the first player to chase him down, motioning for his fellow players to join him. Within seconds, the burly Altidore had been swallowed up by teammates in a ball of happy humanity.

Toronto coach Greg Vanney calls such celebrations "shared experiences" — moments he has encouraged his players to enjoy. And they have done so gleefully in the MLS playoffs, sharing the moments with fans who have suffered through many bad times to get to the good.

Holding a 2-0 lead going into Sunday's return leg against New York City FC, Toronto has a clear edge in the Eastern Conference semifinal. New York City needs to keep Toronto off the scoresheet and score at least twice to get back into it. If Toronto scores an away goal, NYCFC will have to score four goals to advance.

And Toronto is on a roll. Vanney's team has lost just three times in its last 21 games (11-3-7) dating back to June 29. The goals are getting bigger, as reflected by the celebrations.

But there is no rocking the baby, sucking a thumb, ripping off shirts or somersaults. Toronto FC goes for a massive group hug, often heading to the stands to get fans involved.

In a sport where goals are hard to come by — Toronto ranked seventh in MLS by scoring 1.5 goals a game — celebrating a score comes naturally. But TFC has looked to make each a family affair.

> That's Greg and the team leaders and the new players saying 'Hey, let's celebrate together.' Each goal is a moment for the team to connect with the fans.
>
> TFC GM Tim Bezbatchenko on the team's unity.

"That's Greg and the team leaders and the new players saying 'Hey, let's celebrate together,"' said GM Tim Bezbatchenko. "Each goal is a moment for the team to connect with the fans."

Suddenly "All for one" is more than just the club's slogan. Celebrating together was a topic of conversation during the pre-season, to connect the team and the fans, said Vanney.

"When we do things, we do them together, whatever that is," he said. That includes defenders racing down the pitch to congratulate the scorer. Vanney took particular joy in seeing the substitutes join in the Altidore goal celebration Sunday. "I think it shows the group really enjoys each other, off the field, onfield," he said of the celebrations. "You can't really fake that stuff."

"This team is growing," Altidore said after Sunday's game. "We're becoming closer after every game, after every moment like this."

That unity is perhaps more challenging in MLS than other league given the North American circuit is a league of haves and have-nots, with the designated player rule ensuring that a few players get a bumper payday.

And yet in the Altidore celebratory scrum, there is a smiling Sebastian Giovinco — the US$7.115 million man — trying to connect with others including Nick Hagglund, a 24-year-old defender who is pulling down $63,000. At his current salary, it would take Hagglund 113 years to earn what Giovinco makes this season. THE CANADIAN PRESS

Toronto FC forward Jozy Altidore jumps on the top of the pile after forward Tosaint Ricketts scored as TFC beat New York City FC 2-0 in the first leg of the MLS Cup semi-finals at BMO Field in Toronto. STEVE RUSSELL/TORONTO STAR

VILLA UPDATE

One of MLS's biggest stars finds himself under a disciplinary microscope this week.

New York City FC captain David Villa, a leading candidate for league MVP, escaped punishment Sunday night after tangling with Toronto FC midfielder Armando Cooper in Game 1 of the Eastern Conference semifinal.

Villa appeared to kick the Panamanian in the back of the leg.

THE CANADIAN PRESS

NHL

Charges dismissed for Buffalo's Kane

A judge will dismiss the charges against Buffalo Sabres forward Evander Kane stemming from scuffles with women in a bar if he stays out of future trouble, according to a prosecutor who described the athlete's behaviour as "arrogant, boorish and surly, but not criminal."

The arrangement is contingent on the 25-year-old player avoiding legal issues for the next six months. Kane did not speak during or after his brief appearance in Buffalo City Court on Monday.

Kane's lawyer said the action does not include an admission of guilt, and Kane still denies the allegations. "Evander has steadfastly maintained that he did nothing wrong," attorney Paul Cambria told reporters after the hearing. "Nothing has changed."

Kane was arrested in July, a month after he was accused of grabbing three women by the hair and neck in separate encounters on the same night in a downtown Buffalo bar

THE ASSOCIATED PRESS

IN BRIEF

Dallas owner talks to NFL about Elliott abuse probe

Cowboys owner Jerry Jones has acknowledged speaking with the NFL's special counsel for domestic violence investigations, and rookie running back Ezekiel Elliott said he was interviewed by the league this season about an abuse claim made against him.

Elliott said after Sunday night's 29-23 OT win over Philadelphia that he was interviewed once by league investigators six weeks ago.

THE ASSOCIATED PRESS

Bradley still seeking first win as Stoke sink Swansea

Stoke striker Wilfried Bony scored twice against his former club in a 3-1 win over Swansea in the Premier League on Monday, leaving American coach Bob Bradley still seeking his first win in charge of the Welsh club.

Bony put the hosts ahead after three minutes before Wayne Routledge equalized for the Swans five minutes later. An Alfie Mawson own-goal put Stoke 2-1 up before Bony headed in a third goal.

THE ASSOCIATED PRESS

NFL

Texans ace Johnson calling it a career

Star wide receiver Andre Johnson is retiring after 14 seasons in a career mainly spent with the Houston Texans.

The 35-year-old Johnson is a seven-time Pro Bowl player now with Tennessee. Titans general manager Jon Robinson said in a statement Monday that Johnson "in my opinion is one of the best to have played the game."

Johnson ranks among the top 10 receivers in NFL history in career catches and receiving yards. He had 1,062 catches for 14,185 yards and 70 touchdowns.

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Andre Johnson GETTY IMAGES

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RECIPE White Chili

PHOTO: MAYA VISNYEI

Ceri Marsh & Laura Keogh
For Metro Canada

For obvious reasons, this isn't your average chili but it can go toe-to-toe with any beefy bowl you throw at it. That's a promise.

Ready in 55 minutes
Prep time: 10 minutes
Cook time: 45 minutes
Serves 4

Ingredients
- 1 lb. chicken breast, cut into inch cubes
- 1 onion, diced
- 2 or 3 garlic cloves, minced
- 2 x 14 oz cans of cannelini beans
- 2 cups low-sodium chicken stock
- 2 Tbsp lime juice
- 1 tsp cumin
- 1 tsp oregano
- 1 Tbsp chili powder
- 1 cup Greek yogurt
- salt and pepper to taste
- 1/3 cup fresh cilantro for garnish

Directions

1. Brown the chicken over medium heat in small batches — don't worry about cooking it through, just get some nice colour going.

2. Remove from the pan and place on a plate. Set aside.

3. Saute the onions and garlic until they start to smell fantastic. Now add the spices and let them cook for a minute or two. Add the beans, broth and mix in the chicken. Let simmer for about 20 minutes.

4. Turn the heat down and stir in the yogurt. Now add the lime juice and have a taste to check the seasoning. Add a little salt and pepper if it needs it.

5. Serve with a good sprinkling of cilantro.

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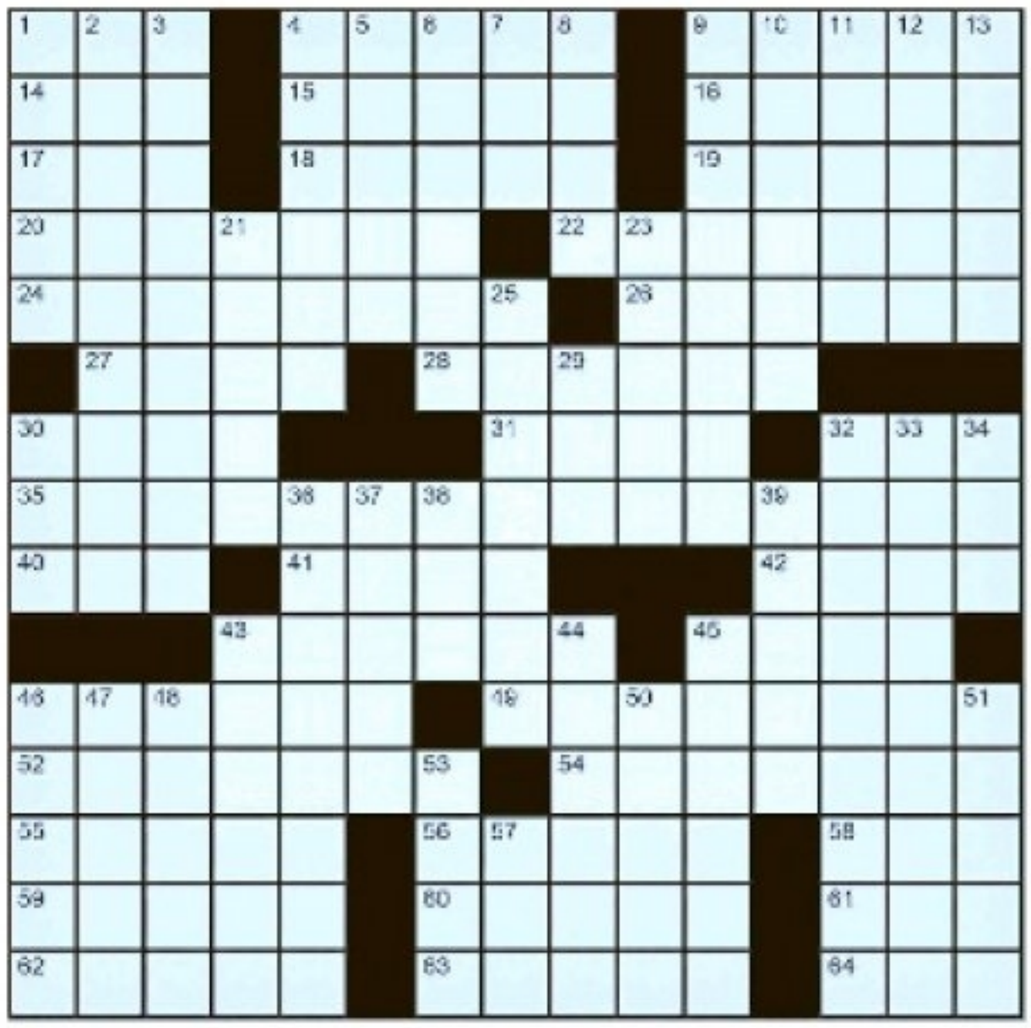
BY KELLY ANN BUCHANAN



ACROSS
1. "I __ Rock" by Simon & Garfunkel
4. "Mad Men" gig
9. State of conflict
14. Used to be
15. Jeweller's eye piece
16. "(Get Your Kicks on) __ 66" by The King Cole Trio
17. State-of-the-__
18. Pitchers
19. Choler
20. Everest endeavour equipment: 2 wds.
22. Silver-__ (Eloquent)
24. Fajita need
26. Seizes control
27. Icky-__ (Yuckies)
28. Ask people to the party
30. Take part
31. Martial Arts practicing centre
32. Ms. Peeples
35. Nova Scotia: Multi-purpose cultural complex (theatre, market, conventions) in downtown Dartmouth: 2 wds.
40. Negatives
41. Big slice of the cake
42. "This is fun!"
43. __ of error
45. Hide
46. Gets eight hours
49. Hobby plane creator
52. Landline telephone part
54. 1958 Jimmy Stewart/Kim Novak classic directed by Alfred Hitchcock
55. Sound
56. Clinging wall vines
58. __ Paulo, Brazil
59. Apprehension
60. __ __ Bonnet, Manitoba
61. Exploder
62. Too soon
63. Hair lock
64. Aves.

DOWN
1. Pend
2. Historic mercantile traveller from Venice: 2 wds.
3. Sun's rocky orbiters
4. "Gilmore Girls" star Ms. Bledel
5. Carpentry pin
6. Oatsy dried fruit mix
7. Prime Minister Lester B. Pearson's birthday, __. 23rd, 1897
8. Up-in-a-tree sight
9. Emmy-winning "Breaking Bad" star Bryan
10. Sophisticated seat, Chaise __
11. Prognosticate
12. Let the tea sit
13. Grazing groups
21. Repent
23. "__: Origin of Evil" (2016)
25. Canadian singer of 1974 chart-topper "Rock Me Gently": 2 wds.
29. Li'l loudness
30. Yr. starter
32. Supreme skeptics
33. Unrefined
34. Living thing's number
36. "I Will Play a __" by Burton Cummings
37. "General Hospital" occupation
38. One official lang. in Canada
39. Brooded
43. In the centre
44. Beginner
45. Against
46. Cover from the sunshine
47. "Little House on the Prairie" daughter
48. 'Bart' add-on (Woody on "Cheers")
50. Feats
51. Beginnings
53. Lean
57. Mixed bag [abbr.]

IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
Be realistic in your financial dealings today, because you are inclined to give away the farm. Don't forget to cultivate a healthy self-interest.

Taurus April 21 - May 21
Relations with others are warm and cozy today, because there's an easy camaraderie between you. There also is a sense of mutual empathy and understanding.

Gemini May 22 - June 21
Someone might approach you for advice at work today. Perhaps he or she just needs a sympathetic ear? Whatever the case, you will do what you can to help.

Cancer June 22 - July 23
Today you are in touch with your creative vibes. Explore ways to express your artistic talents. Many of you feel sympathetic toward children today.

Leo July 24 - Aug. 23
Today a family discussion will be heartfelt and sincere because you feel genuine concern for someone. It's a good day for this kind of discussion, because you are sensitive to what others need.

Virgo Aug. 24 - Sept. 23
You might spend a lot of time today daydreaming or being lost in a fantasy. That's OK, because we all need time to envision our Walter Mitty dreams.

Libra Sept. 24 - Oct. 23
Be careful with your finances today, because you might give away too much or feel so sympathetic to someone that you ignore your own needs. Try to keep a healthy balance.

Scorpio Oct. 24 - Nov. 22
You are tuned into the wants and needs of someone close to you today. That's why any discussion that you have with this person will be sensitive and meaningful.

Sagittarius Nov. 23 - Dec. 21
Something going on behind the scenes might be secretive today, or perhaps you will discover a secret. Whatever the case, things are mysterious and hidden.

Capricorn Dec. 22 - Jan. 20
It's easy to idealize a friend today or put someone up on a pedestal. In the long run, this generally leads to disappointment. Try to see others in realistic terms.

Aquarius Jan. 21 - Feb. 19
Someone in a position of power might feel sympathetic to you today and want to help you. Or perhaps you are the person who wants to help someone else.

Pisces
Feb. 20 - March 20
Because your appreciation of beauty is heightened today, enjoy art galleries, museums, beautiful parks and gorgeous, architectural buildings. See the beauty in your world.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

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2	8	9	1	6	7	4	5	3
4	6	1	8	3	5	2	7	9
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6	4	8	2	5	9	7	3	1
1	9	3	7	8	4	6	2	5
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